

# IMPORTANT INFORMATION

## for Patients with Asthma



If you have Asthma, be aware that you are at high risk of complications from influenza.

Getting the flu shot is the best way to prevent getting the flu.\*

Make an appointment to get vaccinated today!

For more information, please visit: [www.cdc.gov/flu](http://www.cdc.gov/flu) or call 1-800-CDC-INFO (1-800-232-4636)

*\*People with asthma should not get the nasal spray flu vaccine because of the increased risk of wheezing after the vaccination is administered. Instead, they should get the injectable flu vaccine (flu shot).*



North Carolina Department of Health and Human Services  
Division of Public Health  
NC Asthma Program and NC Immunization Branch  
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